

...SPECIAL COCKTAILS

£9

...or 2 for £14

- **Porn Star Martini**
Vanilla Vodka, Passoa, Lime, Passion Fruit Puree, Prosecco
- **Old Fashioned**
Whiskey or Bourbon, Orange Bitter, Brown Sugar
- **Mojito Royal**
Rum, Mint, Lime, Sugar, Champagne
- **Patron Espresso Martini**
Tequila Patron, Coffee, Vodka, Sugar

£8

...or 2 for £12

- **Down Town Mezzoroma**
Vodka, Passoa, Lemon, Cranberry
- **Dixie Dragon (spicy)**
Marinated Bombay with chilli, Raspberry puree, Chili Pepper, Vanilla, Tabasco
- **Frozen Walm Lane Margarita**
Tequila, Cointreau, Lime, Salt
- **Mojito**
Rum, Mint, Lime, Sugar, Soda

... Mocktails

... £5.5

- **Frozen Cuddle on The Beach**
Peach, Orange, Raspberry, Cranberry
- **Kiss on The Beach**
Passion Fruit, Mango, Pineapple
- **Lots of Things on The Beach**
Strawberry, Apple, Banana, Hazelnut, Pear

- **Tropical Negroni**
Gin, Aperol, Rosso, Grapefruit
- **Aperol Spritz**
Aperol, Orange, Prosecco
- **Bloody Mary**
Vodka Pepper, Tomato Juice, Horse Radish, House Spices, Celery
- **Espresso Martini**
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Espresso, Vodka, Kahlua, Frangelico
- **Strawberry and Banana Daiquiri**
Rum, Schnaps, Strawberry, Banana, lime
- **Guilty Pleasure**
Bartender's Special Surprise for you
- **Cointreaupolitan**
Vodka, Cointreau, Lime, Cranberry
- **Amaretto Sour**
Amaretto, Egg white, Sugar, Lemon, Bitter
- **Italian Job**
Vodka, Kiwi, Apple, Lemon, Basil
- **Moscow Mule**
Vodka, Lime, Ginger beer, Honey
- **First Aid (hot)**
Brandy, Almond Milk, Cinnamon, Cardamom, Honey

- **Spicy Kiss**
Tomato, Basil, Celery, Chili
- **Green Peace**
Kiwi, Mint, Apple, Pistachio

...Draught Beers

	Pint	Half
Peroni	£5	£3.5
Hop House	£5	£3.5
Guinness	£5	

...Bottle Beers

Corona	£4
Desperados	£4
Budvar	£4
San Miguel	£4
Peroni Gran Riserva	£5.5

Rekorderlig £5.5
(Apple, Strawberry or Passion Fruit)

...Soft Drinks

Still or Sparkling Water	£2.5	£3.5
Juices (Apple, Orange, Pineapple, Cranberry)		£3
Coke, Diet Coke, Fanta. Sprite		£3
- <i>San Pellegrino</i>		£2.8
<i>(Aranciata, Limonata, Aranciata Rossa)</i>		
Ginger Beer		£3.5
Freshly Squeezed Juices		£3.5
Apple, Orange, Carrot		
Any Two or three mixed		£4

...Teas

Cup £2.....Pot £3

....Mint, Pepper mint, Green Tea, Camomile, Ginger, Lemon or Fruit teas

Home-made Iced Tea: £3.5

...White Wines

	175	250	Bottle
Kudu Plains Chenin Blanc (South Africa)	£4.5	6.2	£15.5
La Maglia Rosa Pinot Grigio IGT (Italy)	£5	£6.7	£17
Lorosco Reserva Sauvignon Blanc (Chile)	£5.5	£7	£19
Wandering Bear Chardonnay (USA)	£5.7	£7.2	£21
Verdicchio Castelli Jesi DOC Castellani (Italy)			£26
Rocca di Frassinello Vermentino (Italy)			£38
La Roncaia Eclisse IGT Venezie Giulia (Italy)			£54

...Champagne and Sparkling

	Glass	Bottle
Vitelli Prosecco (Italy)	£6	£21
Prosecco Rose Cavicchioli Lambrusco (Italy)	£6	£21
Champagne Moet Chandon		£60

...Rose

	175	250	Bottle
El Muro Rosado Garnacha (Spain)	£4.5	£6.2	£15.5
La Maglia Rosa Pinot Grigio Blush	£5	£6.7	£17.5

...Red Wines

Gable View Cabernet Sauvignon (South Africa)	£4.5	£6.2	£15.5
San Abello Merlot (Chile)	£5	£6.7	£19
Argento Malbec (Argentina)	£6	£7.2	£24
Castillo Clavijo Rioja Crianza	£6.2	£7.4	£25
Piccini Orange Label Chianti Riserva			£27
Li Veli Orion Primitivo Salento (Italy)			£38
Villa Belvedere Amarone della Valpolicella (France)			£54

...Starters

Mixed Sicilian and Gaeta Olives	£3	...with House Focaccia Bread	£4
Melon & Parma Ham drizzled with cranberry sauce			£7
Hummus			£6
<i>Traditional and homemade Hummus, served with Focaccia bread</i>			
Grilled Halloumi	V		£7
<i>Roasted peppers, Cherry Tomatoes and Rocket</i>			
Burrata	V-GF		£7
<i>Rocket, Basil oil, Cherry Tomato, Parsnip Crisps</i>			
Soup of the day			£5
<i>Served with our Focaccia Bread</i>			
Mezzoroma Garlic Bread			£5
Rosemary Pizza Bread			£5
Marinated Mussels	GF	<i>Small</i>	£8
		<i>Large</i>	£13
<i>Fresh chilli, thyme, garlic, tomato sauce, served with rosemary pizza bread</i>			
...Or Creamy white wine, garlic and shallots			
Deep Fried Calamari			£8
<i>Mixed house salad, black garlic mayonnaise</i>			
Bruschetta	V		£6
<i>Tomato, garlic, olives, fresh basil pesto</i>			
Black Tempura King Prawns			£8
<i>Mezzoroma special King Prawns with chef's homemade prawn powder sauce</i>			
Gambas Provinciale			£8
<i>King Prawns in spicy tomato sauce</i>			
Gambas Pil Pil, Garlic and fresh Chili			£8
<i>King Prawns immersed olive oil complimented with garlic and chili</i>			
Parmigiana	V, GF		£7
<i>Aubergines, Tomatoes, Parmesan</i>			
Filo Parcels	V		£7
<i>Filled with Spinach & Feta Cheese, served with dressed mixed Leaves</i>			
Garlic Sausages			£8
<i>Grilled Garlic Sausages served with Focaccia bread and mixed lettuce</i>			
Falafel	V		£7
<i>Traditional homemade falafel served with hummus and Focaccia bread</i>			

...Sharing Platters

Fritto Misto	£14
<i>Chef's platter of Tempura King Prawns, calamari and garlic bread</i>	
Italian Antipasti Platter	£12
<i>Salami, Parma ham, Burrata, dried tomatoes, served with Focaccia bread</i>	
Mezzoroma Mediterranean Sharing Platter	V
<i>Halloumi, Gaeta and Sicilian olives, Falafel, Humus, garlic sausages, Filo Parcels with Focaccia bread</i>	£14

...Mains

MezzoRoma Beef Burger	£11
<i>Lettuce, cheddar emulsion, gherkins, caramelized onions, chips</i>	
Charcoal Grilled Salmon GF	£14
<i>Smoked mash potato, fresh sautéed spinach</i>	
Sirloin Steak & Fondant 8oz	£17
<i>Onion puree and potato fondant, a choice of red wine jus or peppercorn sauce.</i>	
Charcoal Grilled Lamb Chops	£15
<i>Mash peas, smoked baby carrot, watercress, lamb jus</i>	
Mediterranean Chicken Breast GF	£13
<i>Mash potatoes, creamy mushroom sauce, pea shoots</i>	
Pork Chops	£13
<i>Pork chops, mash potatoes, shallot gravy sauce</i>	
Chicken and Roast Pepper Skewer GF	£12
<i>Grilled onions, roasted peppers and brown rice</i>	
Pollo Alla Casseruola	£14
<i>Mediterranean style chicken casseruola cooked in its own juice, served with Foccacia bread</i>	
Sea Bass	£14
<i>Filletted, with Fregola, vegetable ratatouille, courgette puree</i>	
Frutti Di Mare Alla Casseruola	£16
<i>Calamari, Mussels, Cod, King Prawns & Salmon, served with Foccacia bread</i>	
Kleftico	£16
<i>Roasted Knuckle of Lamb Cooked in its own juice and served on bed of mashed potato</i>	
The Cod Father	£14
<i>Fillet of Cod on a bed of French beans, New Potatoes, Confit cherry tomatoes, Salad</i>	
Grand Mezzo Grill GF	£18
<i>Chef's selection of Grills served with two choices of sides, grilled pepper and a grilled tomatoes</i>	
...Pasta (Daily Gluten Free options available, please ask staff for details)	
Penne Arrabiata	£9
<i>Mix peppers, mushrooms, hot green chili, Arrabiata sauce (add chicken for £ 3)</i>	
Penne Pollo Funghi	£13
<i>Chicken, mushroom, creamy sauce</i>	
Lasagna Vegetariana V	£9
<i>Seasonal vegetable Lasagne</i>	
Lasagna Della Nonna	£11
<i>Traditional beef Lasagne, grandma recipe</i>	
Prawns Tagliatelle	£13
<i>Fresh Tagliatelle, fresh chili, garlic, cherry tomatoes, parsley</i>	
Spaghetti Bolognese	£10
<i>Tomato salsa, shaved parmesan</i>	
Spaghetti Carbonara	£11
<i>Pancetta, egg yolk, parmesan cheese</i>	
Mushroom Tagliatelle V	£10
<i>Garlic, beurre blanc, parmesan, parsley (add chicken £3)</i>	
Seafood Spaghetti	£14
<i>Mussels, prawns, calamari, garlic, olive oil, cherry tomatoes and parsley</i>	
...Risotto	
Seafood Risotto	£14
<i>Mussels, prawns, calamari, tomato sauce, cherry tomatoes and parsley</i>	
Pea Mint Risotto V	£10
<i>Pea mint puree, goats cheese, chive oil, shaved asparagus</i>	
Wild Mushroom Risotto V	£10
<i>Wild mushrooms with parsley and shaved parmesan (add chicken £3)</i>	

...Salads

Seafood Salad		£14
<i>King prawns, squid, mussels, fish sticks, feta cheese, olive oil, garlic, herbs</i>		
Gorgonzola Salad V, GF		£10
<i>Endives, lavender honey dressing, figs, honey walnuts</i>		
Chicken Caesar Salad	Small £7 Large £12	
<i>Char-Grilled Chicken, Baby gem, Caesar dressing, cherry tomatoes, boiled egg, croutons, shaved parmesan</i>		
Grilled Halloumi Salad		£9
<i>Roasted peppers, Cherry Tomatoes and Rocket</i>		
Salad Tricolore V		£7
<i>Avocado, Mozzarella, Tomato</i>		
Mezzo Healthy Salad V		£7
<i>Tomato, cucumber, lettuce, honey walnuts, pomegranate, apple</i>		

...Pizza

Margherita V	<i>Tomato sauce, mozzarella, basil, oil</i>	£9
Italian Meat Feast	<i>Bacon ,peperoni, beef ,ham, mozzarella, tomato sauce</i>	£14
Americana	<i>Double mozzarella, double pepperoni, tomato sauce, jalapeno</i>	£13
Funghi V	<i>Tomato sauce, mozzarella, mushrooms</i>	£11
Marinara	<i>Tomato sauce, anchovies , garlic, cherry tomatoes, tuna</i>	£11
Caprese V	<i>Mozzarella, cherry tomatoes, basil, olive oil, shaved parmesan</i>	£11
Quattro Formaggi	<i>Mozzarella, gorgonzola, shaved parmesan, goat cheese</i>	£12
Caprese Saporita	<i>Parma Ham, rocket, mozzarella, cherry tomatoes, basil, parmesan</i>	£12
Pollo Arrosto	<i>Mozzarella, chicken, pesto, onions, roasted peppers</i>	£12
Calzone	<i>Tomato sauce, mozzarella, pepperoni, ham, mushrooms</i>	£13
Calzone Spinach	<i>Fresh spinach, goat cheese, mozzarella, garlic, tomato sauce</i>	£12
Frutti Di Mare	<i>Mixed seafood, tuna, garlic, black olives</i>	£13
Capricciosa	<i>Tomato sauce, mozzarella, sweet corn, cooked ham, basil, parmesan</i>	£13
Diavola	<i>Pepperoni, fresh chili, tomato, mozzarella, chili flakes</i>	£13
Bufala	<i>Mozzarella, tomato sauce ,buffalo mozzarella, basil</i>	£13
Gorgonzola	<i>Tomato sauce, gorgonzola, mozzarella, salami, onion</i>	£13

...Sides **£3**

<i>Mash potatoes</i>
<i>Fries</i>
<i>Mixed House Salad</i>
<i>Sautéed Spinach</i>
<i>House Focaccia</i>
<i>Broccoli with garlic and fresh chilli</i>
<i>French Beans with garlic butter</i>
<i>New potatoes with Chorizo butter</i>
<i>Brown rice</i>

...Sauces **£2.5**

<i>Red wine jus</i>
<i>Peppercorn Sauce</i>
<i>Black garlic Mayonnaise</i>
<i>Garlic Mayonnaise</i>
<i>Mushroom Sauce</i>

...Breakfast & Brunch

(Served everyday from 9am until 5pm)

Mezzoroma Full English	£9
<i>Egg, bacon, sausage, hash brown, Portobello mushrooms, beans, cherry tomatoes and toast</i>	
Vegetarian Breakfast	£8
<i>Egg, hash brown, vegetarian sausage, Portobello mushrooms, beans, cherry tomatoes and toast</i>	
Scrambled Eggs On Toast	£6
Toast Royal	£8
<i>Scrambled Eggs and Smoked Salmon on toast</i>	
Egg Benedict	£8
<i>Poached eggs and ham on muffins with Hollandaise</i>	
Egg Royal	£9
<i>Poached eggs and smoked salmon, muffin, Hollandaise</i>	
Egg Florentine	£8
<i>Poached eggs and spinach on muffin, topped with Hollandaise</i>	
American Stack	£9
<i>Pancakes, bacon, sausages, fried egg, maple syrup</i>	
Maple syrup Pancakes	£7
<i>Pancakes, maple syrup, berries, cream or ice cream</i>	
	add blueberry or banana for £1.50

...Omelettes

Ham & Cheese Omelette	£8
<i>Served with fries and salad garnish</i>	
Omelette Fiorentina	£8
<i>Cheese and spinach with fries and Salad</i>	
Mezzo Roma Omelette	£8
<i>Mozzarella, sun dried tomatoes and pesto served with fries and salad</i>	
Spanish Complete	£8
<i>Cheese, mushrooms, onions, tomatoes, chorizo, fries</i>	
Ospite Turco	£9
<i>Spicy Mediterranean sausages, cherry tomatoes, fried eggs served in a pan with toast</i>	


...Special Toasted Sandwiches

(Served with fries and salad garnish)

Ospite Francese	£7	Mezzo Toast Special	£8
<i>Jambon, Cheddar cheese</i>		<i>Brown Bread, crushed avocado, chilli, chives, cherry tomato and Goats Cheese</i>	
Papa's Special	£8	Veggie Delight	£8
<i>Chicken, bacon, avocado and mayo</i>		<i>Portobello mushroom and Halloumi</i>	

...Desserts

Chocolate Fondant, Vanilla Ice cream	£6
Apple Crumble	£5
Chocolate Fudge Cake	£5
Tiramisu	£5
Panna Cotta	£5
Strawberry Cheesecake	£5
Banoffee Pie	£5
Limoncello	£5
Nutella Pizza with Pistachio Ice cream	£6
Fruit Plate	£7
<i>Bananas, strawberries, oranges, yoghurt, honey</i>	
Ice Cream & Sorbet	£5
<i>(Brought in straight from Bologna by Gianfranco Zola & Roberto Di Matteo)</i>	
<i>Vanilla, Chocolate, Strawberry or Pistachio, lemon flavours.</i>	

 **Cheese Platter** (*Gorgonzola, Goats Cheese, Compote with Biscuits, Grapes, Apple, Celery*) **£8**

...Digestives – Shots £5

(Tequila Patron, Tequila, Mescal, Baby Guinness, Limoncello, Frangelico, Sambuca, Black Sambuca, After Eight)

...Coffees

- Espresso	£1.8	£2.1
- Macchiato	£1.9	£2.2
- Flat White	£2.4	£2.9
- Americano	£2.4	£2.9
- Cappuccino	£2.7	£2.9
- Latte	£2.7	£2.9
- Special Latte	£3	
<i>Choice of Vanilla, Chocolate, Mint, Hazelnut, Caramel or Cinnamon</i>		
- Chai Latte		£2.8
- Mochaccino		£2.8
- Hot chocolate		£2.8
- Frappuccino		£3.5
- Iced Coffee		£3.
- Irish Coffee		£5.5
- French Coffee		£5.5
- Baileys Latte		£5.5
- Calypso		£5.5

...Teas

Cup £2.....Pot £3

...fresh Mint, Pepper mint, Green Tea, Camomile Tea
Ginger, Earl Grey, Lemon or Fruit teas
Home-made Iced Tea: **£3**

...Soft Drinks

Still or Sparkling Water	£2.5	£3
Juices (Apple, Orange, Pineapple, Cranberry)		£3
Coke, Diet Coke, Fanta. Sprite		£3
<i>San Pellegrino</i>		£2.8
<i>(Aranciata, Limonata, Aranciata Rossa)</i>		
Ginger Beer		£3.5
Freshly Squeezed Juices		£3.5
Apple, Orange, Carrot		
Any Two or three mixed		£4

...Smoothies

£4.5

Merry Berry
Strawberry Sunshine
Peachy Green
Tropical Crush
Beet N Berry
Groovy Green

