

...SPECIAL COCKTAILS

£9

...or 2 for £14

- **Porn Star Martini**
Vanilla Vodka, Passoa, Lime, Passion Fruit Puree, Prosecco
- **Old Fashioned**
Whiskey or Bourbon, Orange Bitter, Brown Sugar
- **Mojito Royal**
Rum, Mint, Lime, Sugar, Champagne
- **Patron Espresso Martini**
Tequila Patron, Coffee, Vodka, Sugar

£8

...or 2 for £12

- **Down Town Mezzoroma**
Vodka, Passoa, Lemon, Cranberry
- **Dixie Dragon (spicy)**
Marinated Bombay with chilli, Raspberry puree, Chili Pepper, Vanilla, Tabasco
- **Frozen Walm Lane Margarita**
Tequila, Cointreau, Lime, Salt
- **Mojito**
Rum, Mint, Lime, Sugar, Soda

... Mocktails

.... £5.5

- **Frozen Cuddle on The Beach**
Peach, Orange, Raspberry, Cranberry
- **Kiss on The Beach**
Passion Fruit, Mango, Pineapple
- **Lots of Things on The Beach**
Strawberry, Apple, Banana, Hazelnut, Pear

- **Tropical Negroni**
Gin, Aperol, Rosso, Grapefruit
- **Aperol Spritz**
Aperol, Orange, Prosecco
- **Bloody Mary**
Vodka Pepper, Tomato Juice, Horse Radish, House Spices, Celery
- **Espresso Martini**
Espresso, Vodka, Kahlua, Frangelico
- **Strawberry and Banana Daiquiri**
Rum, Schnaps, Strawberry, Banana, lime
- **Guilty Pleasure**
Bartender's Special Surprise for you
- **Cointreaupolitan**
Vodka, Cointreau, Lime, Cranberry
- **Amaretto Sour**
Amaretto, Egg white, Sugar, Lemon, Bitter
- **Italian Job**
Vodka, Kiwi, Apple, Lemon, Basil
- **Moscow Mule**
Vodka, Lime, Ginger beer, Honey
- **First Aid (hot)**
Brandy, Almond Milk, Cinnamon, Cardamom, Honey

...Draught Beers

	Pint	Half
Peroni	£5	£3.5
Hop House	£5	£3.5
Guinness	£5	

...Bottle Beers

Corona	£4
Desperados	£4
Budvar	£4
San Miguel	£4
Peroni Gran Riserva	£5.5

Rekorderlig £5.5
(Apple, Strawberry or Passion Fruit)

...Soft Drinks

Still or Sparkling Water	£2.5	£3.5
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Juices (Apple, Orange, Pineapple, Cranberry)	£3
Coke, Diet Coke, Fanta, Sprite	£3

- San Pellegrino	£2.8
(Aranciata, Limonata, Aranciata Rossa)	
Ginger Beer	£3.5
Freshly Squeezed Juices	£3.5
Apple, Orange, Carrot	
Any Two or three mixed	£4

...Teas

Cup £2.....Pot £3

...Mint, Pepper mint, Green Tea, Camomile, Ginger, Lemon or Fruit teas

Home-made Iced Tea: £3.5

...White Wines

	175	250	Bottle
Kudu Plains Chenin Blanc (South Africa)	£4.5	6.2	£15.5
La Maglia Rosa Pinot Grigio IGT (Italy)	£5	£6.7	£17
Lorosco Reserva Sauvignon Blanc (Chile)	£5.5	£7	£19
Wandering Bear Chardonnay (USA)	£5.7	£7.2	£21
Verdicchio Castelli Jesi DOC Castellani (Italy)			£26
Rocca di Frassinello Vermentino (Italy)			£38
La Roncaia Eclisse IGT Venezie Giulia (Italy)			£54

...Champagne and Sparkling

	Glass	Bottle
Vitelli Prosecco (Italy)	£6	£21
Prosecco Rose Cavicchioli Lambrusco (Italy)	£6	£21
Champagne Moet Chandon		£60

...Rose

	175	250	Bottle
El Muro Rosado Garnacha (Spain)	£4.5	£6.2	£15.5
La Maglia Rosa Pinot Grigio Blush	£5	£6.7	£17.5

...Red Wines

Gable View Cabernet Sauvignon (South Africa)	£4.5	£6.2	£15.5
San Abello Merlot (Chile)	£5	£6.7	£19
Argento Malbec (Argentina)	£6	£7.2	£24
Castillo Clavijo Rioja Crianza	£6.2	£7.4	£25
Piccini Orange Label Chianti Riserva			£27
Li Veli Orion Primitivo Salento (Italy)			£38
Villa Belvedere Amarone della Valpolicella (France)			£54

...Starters

Mixed Sicilian and Gaeta Olives £3 ...with House Focaccia Bread £4

Melon & Parma Ham drizzled with cranberry sauce £7

Grilled Halloumi V £6

Roasted peppers, Cherry Tomatoes and Rocket

Burrata V-GF				£7
<i>Rocket, basil oil, cherry tomato, parsnip crisps</i>				
Soup of the day				£5
<i>Served with our Focaccia bread</i>				
Mezzoroma Garlic Bread				£5
Rosemary Bread				£5
Marinated Mussels GF	<i>Small</i>	£7	<i>Large</i>	£12
<i>Fresh chilli, thyme, garlic, tomato sauce, served with rosemary pizza bread</i>				
...Or <i>Creamy white wine, garlic and shallots</i>				
Deep Fried Calamari				£8
<i>Mixed house salad, black garlic mayonnaise</i>				
Bruschetta V				£6
<i>Tomato, garlic, olives, fresh basil pesto</i>				
Black Tempura King Prawns				£8
<i>Mezzoroma special King Prawns with chef's homemade prawn powder sauce</i>				
Gambas Provinciale				£8
<i>King Prawns in spicy tomato sauce</i>				
Gambas Pil Pil, Garlic and fresh Chili				£8
<i>King Prawns immersed Olive oil complimented with Garlic and chili</i>				
Parmigiana V, GF				£7
<i>Aubergines, Tomatoes, Parmesan</i>				
...Sharing Platters				
Fritto Misto				£14
<i>Chef's platter of Tempura King Prawns, Calamari and Garlic Bread</i>				
Italian Antipasti Platter				£12
<i>Salami, Parma ham, Burrata, Dried tomatoes, served with Focaccia bread</i>				
Mezzoroma Mediterranean Sharing Platter V				£13
<i>Halloumi, Gaeta and Sicilian Olives, Falafel, Humus, Vegetable Crisps with Focaccia Bread</i>				
...Mains				
MezzoRoma Beef Burger				£11
<i>Lettuce, cheddar emulsion, gherkins, caramelized onions, chips</i>				
Charcoaled Grilled Salmon GF				£14
<i>Smoked mash potato, fresh sautéed spinach</i>				
Sirloin Steak & Fondant 8oz				£17

<i>Onion Puree and potato fondant, a choice of red wine jus or peppercorn sauce.</i>	
Charcoal Grilled Lamb Chops	£15
<i>Mash peas, smoked baby carrot, watercress, lamb jus</i>	
Mediterranean Chicken Breast GF	£12.5
<i>Mash potatoes, creamy mushroom sauce, pea shoots</i>	
Pork Chops	£13
<i>Pork chops, Mash potatoes, shallot gravy sauce</i>	
Chicken and Roast Pepper Skewer GF	£12
<i>Grilled onions, roasted peppers and brown rice</i>	
Tuna & King Prawns Skewer GF	£14
<i>Black garlic mayo, Asian slow, French beans</i>	
Sea Bass	£14
<i>Filletted, with Fregola, vegetable ratatouille, courgette puree</i>	
The Cod Father	£13
<i>Fillet of Cod on a bed French beans, new potatoes, confit cherry tomatoes, salad</i>	
Grand Mezzo Grill GF	£18.5
<i>Chef's selection of Grills served with two choices of sides, grilled pepper and a grilled tomato</i>	

...Pasta *(Daily Gluten Free options available, please ask staff for details)*

Penne Arrabbiata	£9.5
<i>Chicken, mix pepers,mushrooms,hot green chili,arrabiata sauce</i>	
Lasagna Vegetariana V	£9
<i>Seasonal Vegetable Lasagne</i>	
Lasagna Della Nonna	£11
<i>Traditional Beef Lasagne, grandma recipe</i>	
Prawns Tagliatelle	£13
<i>Fresh Tagliatelle, fresh chili, garlic, cherry tomatoes, parsley</i>	
Spaghetti Bolognese	£9.5
<i>Tomato salsa, shaved parmesan</i>	
Spaghetti Carbonara	£10.5
<i>Pancetta, egg yolk, parmesan cheese</i>	
Mushroom Tagliatelle V	£10.5
<i>Garlic, beurre blanc, parmesan, parsley (Add Chicken £3)</i>	
Seafood Spaghetti	£14
<i>Mussels, prawns, calamari, garlic, olive oil, cherry tomatoes and parsley</i>	

...Risotto

Seafood Risotto	£14
<i>Mussels, prawns, calamari, tomato sauce, cherry tomatoes and parsley</i>	
Pea Mint Risotto V	£10
<i>Pea mint puree, goats cheese, chive oil, shaved asparagus</i>	
Wild Mushroom Risotto V	£10
<i>Wild mushrooms with parsley and shaved parmesan (Add chicken £3)</i>	

...Salads

Seafood Salad	£14.5
<i>King prawns,squid,mussels,fishstiks,feta cheese,olive oil,garlic,herbs</i>	
Gorgonzola Salad V, GF	£10
<i>Endives, lavender honey dressing, figs, honey walnuts</i>	

Chicken Caesar Salad	<i>Char-Grilled Chicken, Baby gem, Caesar dressing, cherry tomatoes, anchovies, boiled egg, croutons, shaved parmesan</i>	Small £7 Large £12
Grilled Halloumi Salad	<i>Roasted peppers, Cherry Tomatoes and Rocket</i>	£9
Salad Tricolore V	<i>Avocado, Mozzarella, Tomato</i>	£7
Mezzo Healthy Salad V	<i>Tomato, cucumber, lettuce, honey walnuts, pomegranate, apple</i>	£7

...Pizza

Margherita V	<i>Tomato, Mozzarella, Fresh Basil, Oil</i>	£9
Italian Meat Feast	<i>Bacon,peperoni,beef ,ham,mozzarella, tomato sauce</i>	£14
Americana	<i>Double mozzarella,double pepperoni, Tomato sauce,jalapeons</i>	£13
Funghi V	<i>Tomato Sauce, Mozzarella, Mushrooms</i>	£11
Marinara	<i>Tomato sauce,anchovies , garlic, cherry tomatoes, tuna</i>	£11
Caprese V	<i>Mozzarella, cherry tomatoes, basil, olive oil, shaved parmesan</i>	£11
Quattro Formaggi	<i>Mozzarella, Gorgonzola, Shaved Parmesan, goat cheese</i>	£12
Caprese Saporita	<i>Parma Ham, Rocket, Mozzarella, cherry tomatoes, basil, parmesan</i>	£12
Pollo Arrosto	<i>Mozzarella, Chicken, Pesto, Onions, Roasted Peppers</i>	£12
Calzone	<i>Tomato, Mozzarella, Pepperoni, Ham, Mushrooms</i>	£13
Calzone Spinach	<i>Fresh spinach,goat cheese, mozzarella, garlic,tomato sauce</i>	£12
Frutti Di Mare	<i>Mixed Seafood, Tuna, Garlic, Black Olives</i>	£13
Capricciosa	<i>Tomato, Mozzarella, Sweet corn, Cooked ham, Basil, Shaved Parmesan</i>	£13
Diavola	<i>Pepperoni, Fresh chili, Tomato, Mozzarella, chili flakes</i>	£13
Bufala	<i>Mozzarella, tomato sauce ,buffalo mozzarella, basil</i>	£13
Gorgonzola	<i>Gorgonzola, mozzarella, salami, onion</i>	£13

...Sides £3

Mash potatoes
Fries
Mixed House Salad
Sautéed Spinach
House Focaccia
Broccoli with garlic and fresh chilli
French Beans with garlic butter

New potatoes with Chorizo butter
Brown rice

...Sauces £2.5

Red wine jus
Peppercorn Sauce
Black garlic Mayonnaise
Garlic Mayonnaise)
Mushroom Sauce

...Breakfast & Brunch

(Served everyday from 9am until 5pm)

Mezzoroma Full English	<i>Egg, bacon, sausage, hash brown, mushrooms, beans and toast</i>	£8.5
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Vegetarian Breakfast		£7.5
<i>Egg, hash brown, vegetarian sausage, mushrooms, beans and toast</i>		
Scrambled Eggs On Toast		£6
Toast Royal		£8
<i>Scrambled Eggs and Smoked Salmon on toast</i>		
Egg Benedict		£8
<i>Poached eggs and ham on muffins with Hollandaise</i>		
Egg Royal		£8.5
<i>Poached eggs and smoked salmon, muffin, Hollandaise</i>		
Egg Florentine		£8
<i>Poached eggs and spinach on muffin, topped with Hollandaise</i>		
American Stack		£9
<i>Pancakes, bacon, sausages, fried egg, maple syrup</i>		
Maple syrup Pancakes		£8
<i>Pancakes, maple syrup, berries, cream or ice cream</i>		
	<i>Add blueberry or banana for £1.50</i>	
...Omelettes		
Ham & Cheese Omelette		£8
<i>Served with fries and salad garnish</i>		
Omelette Florentina		£8
<i>Cheese and spinach with fries and Salad</i>		
Mezzo Roma Omelette		£8
<i>Mozzarella, sun dried tomatoes and pesto served with fries and salad</i>		
Spanish Complete		£8
<i>Cheese, mushrooms, onions, tomatoes, chorizo, fries</i>		
Ospite Turco		£9
<i>Beans, spicy Mediterranean sausages, tomatoes, fried eggs served in a pan with toast</i>		
...Special Toasted Sandwiches		
<i>(Served with fries and salad garnish)</i>		
Ospite Francese	£7	
<i>Jambon, Cheddar cheese</i>		
Papa's Special	£8	
<i>Chicken, bacon, avocado and mayo</i>		
Mezzo Toast Special		£8
<i>Brown Bread, crushed avocado, chilli, chives, cherry tomato and Goats Cheese</i>		
Vegetarian Toast		£8
<i>Wild Mushroom and Halloumi</i>		

...Desserts

Chocolate Fondant, Vanilla Ice cream	£6
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Profiterole	£5
Chocolate Cheesecake GF	£5
Tiramisu	£5
Panna Cotta	£5
Strawberry Cheesecake	£5
Banoffee Pie	£5
Limoncello	£5
Nutella Pizza with Pistachio Ice cream	£6
Fruit Plate	£7
<i>Bananas, strawberries, oranges, yoghurt, honey</i>	
Ice Cream & Sorbet	£5
<i>(Brought in straight from Bologna by Gianfranco Zola & Roberto Di Matteo)</i>	
<i>Vanilla, Chocolate, Strawberry or Pistachio, lemon flavours.</i>	



Cheese Platter (<i>Gorgonzola, Goats Cheese, Compote with Biscuits, Grapes, Apple, Celery</i>)	£8
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...Digestives – Shots £5

(Tequila Patron, Tequila, Mescal, Baby Guinness, Limoncello, Frangelico, Sambuca, Black Sambuca, After Eight)

...Coffees

- Espresso	£1.8	£2.1
- Macchiato	£1.9	£2.2
- Flat White	£2.4	£2.9
- Americano	£2.4	£2.9
- Cappuccino	£2.7	£2.9
- Latte	£2.7	£2.9
- Special Latte	£3	
<i>Choice of Vanilla, Chocolate, Mint, Hazelnut, Caramel or Cinnamon</i>		
- Chai Latte		£2.8
- Mochaccino		£2.8
- Hot chocolate		£2.8
- Frappuccino		£3.5
- Iced Coffee		£3.
- Irish Coffee		£5.5
- French Coffee		£5.5
- Baileys Latte		£5.5
- Calypso		£5.5

Still or Sparkling Water	£2.5	£3
Juices (Apple, Orange, Pineapple, Cranberry)		£3
Coke, Diet Coke, Fanta. Sprite		£3
<i>San Pellegrino</i>		£2.8
<i>(Aranciata, Limonata, Aranciata Rossa)</i>		
Ginger Beer		£3.5
Freshly Squeezed Juices		£3.5
Apple, Orange, Carrot		
Any Two or three mixed		£4

...Smoothies

£4.5

*Merry berry
Strawberry sunshine
Peachy green
Tropical crush
Beet n berry
Groovy green*

...Teas

Cup £2.....Pot £3

....Fresh Mint, Pepper mint, Green Tea, Camomile, Ginger, Earl Grey, Lemon or Fruit teas
Home-made Iced Tea: £3

...Soft Drinks

Cup £2.....Pot £3

....Fresh Mint, Pepper mint, Green Tea, Camomile,
Ginger, Earl Grey, Lemon or Fruit teas
Home-made Iced Tea: £3

